



April Member Specials

10% Off



Bulk

Grains:

Barley, Org. Farro, Org.
Quinoa, Org. Mung Beans, Org.

Herbs (all local):

Lady's Mantle Lemon Balm
Nettles, Foster Farm, Organic

VT Soap Liquid Sunshine - All Purpose Concentrate Cleaner



Rose Scented Body Care: Dr. Bronners Rose Castile Soap; JASON Rosewater; Heritage Store Rosewater; Elmore Mtn Farm Rose Body Cream.

Refrigerated



Flack Family Farm
Ferments:
Kimchi,
Sauerkraut,
Cultured Veg.

All Miso:
Miso Master's Sweet White;
Rhapsody's Mellow Red;
South River's Brown Rice & Chickpea



Groceries



All Ecobean Salad Dressings: Tahini Miso Ginger, Cilantro Lime, VT Maple Dijon, & Chipotle Ranch



Bob Red Mill's Bulgur and Buckwheat; Ancient Harvest Harmony Quinoa

VT Vinegars
Vinaigrettes:
VT Maple & VTRaspberry



Fin Crisp Rye Thins; Wasa Crispbread: Sourdough & Whole Grain



Frozen



Stonewood Farm VT Ground Turkey Breast; VT Turkey Sausage, all varieties

All VT Bean Crafters items:
Black Bean Burger, Veggie Burger, Falafel Fritters & Mockingbird Nuggets



Skoy Scrubber & Towel



All Plant Based Cleaners: Ecos Bathroom & All Purpose, 7th Generation Multi-Surface, CitraSolv, Dr. Bronners Sal Suds, Better Life Floor Cleaner, VT Soap Liquid Sunshine